



Rev. Dr. J. Henry Buck, Jr.

Senior Pastor

Peace and Blessings!

We declare unto you today that Jesus is still the Son of God with power, according to the Holy Spirit, resurrected from the dead and in Him we have received grace by obedience to the faith among all nations.

Happy March to ALL. Many of you may be looking at things the same way that I am and asking the same question: Where is winter and where did the snow go?. Well, it's just a question and even though it looks like California is getting what we could have been getting, we still keep them lifted in prayer. Looks like the Lord has given us a mild winter. Things are not as extreme, environmentally as they could be. Maybe God is sharing with

us that though we may have an idea of what things ought to be in certain seasons, we should never forget that He is the great meteorologist. We can forecast all day, but it's God who already has the foreknowledge as to how our days will run. Perhaps this is why the writer of Proverbs makes this statement in

that 3rd chapter 5-7 verse "Trust in the Lord with all your heart and lean not to your own understanding, but in all your ways acknowledge Him and He will direct your path".

We have entered the LENTEN season and are on our way to see if there is still an empty grave. This is a very much needed theme during this time of the year, given that we are experiencing so much pain, mental health issues and violence. The message must be made clear that we have no reason to "hope" like those who lose hope, but we believe that in the most disastrous encounter, God can and will make a way. I would like to share with us all that we must make needed changes in our local congregations to address the dilemma of our community location. We must engage in community conversations, community support

groups, and missional efforts as well as provide a guiding light of peace and prosperity to oppressed groups whose voices are muffled by the popular sound of "You Do Not Matter".

A few things have already taken place to help us position ourselves as a force of peace, justice and fairness in our community. Pastor Buck has been asked to join the West Mount Airy Neighbors Board as well as to help fill two seats in the sub groups. One being the Planning Sub Group and the Community Response Sub Group. This will place this congregation in a place where it has the opportunity to work with and receive help in its vision and missional efforts to be a church where "Hope Happens Here".



Happy Birthday to God's Jewel, Trustee Emeritus Berry, who has been graced to see 101 years young. On this past Sunday you may have seen Lil Johnny and myself walking back towards the front of the church. What an impact was to see a child who is 1 year old and a child of God who is 101 years old. WOW!

RESURRECTION Sunday is coming and I want to invite



us all on a 10 day journey to fast as we come towards the close of this year's dreams that God will reveal to us.

God Bless and We Love You Grace, Pastor Buck





CSS WELLNESS MINISTRY'S DID YOU KNOW? March 2023



March is National Kidney Month

Did you know....

that because there are no symptoms during kidney disease early stages it is Wreferred to as the "silent disease"?

that chronic kidney disease is known as CKD?

that CKD is more common in people aged 65 years or older(38 0/0)and that CKD is more common than non-Hispanic Black adults at 16 0/0?

Now that you know, speak with your primary doctor to know your risk at possibly contracting CKD!



March is Colorectal Cancer Month

Did you know....

that colorectal cancer develops with few if any symptoms, if symptoms are present they are a change in bowel movements, ongoing stomach pains, rectal bleeding, and weakness or fatigue?

that colorectal cancer is the 3rd most common cancer in black men and women?

that you should start getting screened for colorectal cancer at age 45 years old?

Now that you know, speak with your primary doctor about getting screened for colorectal cancer.



March is Women's History Month

Did you know....

that Women's History Month theme is "Celebrating Women Who Tell Our Stories"?

that you can go on the Sister Sit-In Trolley Tour every Saturday this month starting at 12:30 PM, 2:30 PM, 4:30 PM?

(if interested email vents@harriettsbookshop.com)

that you can also visit the Colored Girls Museum located in Germantown to experience *Sit A Spell?* (4613 Newhall St., Philadelphia, PA 19144)

Now that you know go to your computer and goggle Women History activities (narrowing the search to your area)

Minister Carolyn M. Blackson



MU BETA PHI MILITARY FRATERNITY INC.



IN PARTNERSHIP WITH



AND







Registration Here - MBP Prostate Seminar

PRESENTS

MEN'S HEALTH SEMINAR AWARENESS AND SCREENINGS

FEATURING

Prostate Cancer Information Session

by Dr. Serge Ginzberg, Einstein/Jefferson Urology

- Detection/Testing
- · Treatment Options
- Post Treatment Care
- Prostate Cancer <u>Survivor</u> Testimonials

Come Learn More About the #1 Leading Cancer for Men

Especially Men of Color

Knowledge is Power and Early Detection is the Key to Survival

Additional Free Screenings:

- Prostate Blood Draw (PSA)
- Blood Pressure Screenings
- Diabetes Screenings
- Cholesterol Screenings

Sponsored by

Jefferson Health Collaborative for Health Equity Frazier Family Coalition

> SATURDAY, MARCH 11TH, 2023 11AM-2:00 PM

NATIONAL TEMPLE BAPTIST CHURCH 1628 W. MASTER ST. PHILADELPHIA, PA 19121

Light Refreshments will be Provided.

Spouses and Significant Others are Encourage to Attend

For our Local, Veteran and Church Communities





REAL WORLD DIABETES A Series of Free Workshops

Want to learn more about managing your diabetes?

This free educational program, led by a certified diabetes care and education specialist, will teach you what you need to know about life with diabetes.

Health care professionals will be available to discuss medications, how diabetes affects your body - including vision and hearing, and important lab work.

Optional HbA1c, height, weight, blood pressure, and hearing screenings will be available at no cost!

DATES

Sessions will be held on the following Mondays:

March 13, 2023 What is diabetes?

March 20, 2023 Healthy meal planning March 27, 2023 Dining out/ordering in

April 10, 2023 Preventing complications to your vision & hearing April 17, 2023 Preventing complications throughout your body

April 24, 2023 Physical and mental well-being

June 5, 2023 Goal setting & behavior change techniques

TIME: LOCATION:

10:00 a.m. to 12:00 noon The Eye Institute of Salus University

1200 West Godfrey Avenue Philadelphia, PA 19141

Please note: This is a series so attendance at each session is necessary.

For more information or to register, please call **215.276.6070** or email **gmccoy@salus.edu**



From the keyboard of the editor

Happy Windy March, Grace!

Here is a prayer resource that I found and would like to share.

A reading from Mark 4:35-41 "The Calming of a Storm at

Sea."

"On that day, as evening drew on, he said to them, "Let us cross to the other side." Leaving the crowd, they took him with them in the boat just as he was. And other boats were with him. A violent squall came up and waves were breaking over the boat, so that it was already filling up. Jesus was in the stern, asleep on a cushion. They woke him and said to him, "Teacher, do you not care that we are perishing?" He woke up, rebuked the wind, and said to the sea, "Quiet! Be still!" The wind ceased and there was great calm. Then he asked them, "Why are you terrified? Do you not yet have faith?" They were filled with great awe and said to one another, "Who then is this whom even wind and sea obey?" (NABRE)

Commentary: A lesser wind, like the one stirring up the health care landscape, can blow out the debris, the cobwebs. New payment and patient care models spur us to embrace new ways of doing what we've always done: bring the healing presence of Christ to the people we serve.

When you were a kid, did you ever go outdoors on a windy day with an umbrella? Try to be Mary Poppins?

But when you're a grown up, being in the wind isn't so much fun. It messes up your hair. Makes driving a little harder. And in a really strong wind it's even hard to walk.

What might happen if we were to reframe how we see the winds of change? Instead of seeing the wind as something to resist, what is we approach the wind with curiosity and playfulness of a child? How can we make the wind work FOR us? FOR our patients and clients?

The Indian poet Rishika Jain said, "When the Winds of Change Blow, Some people build Walls -While Others Build Windmills.... Remember we cannot change the direction of the Wind, but we can always adjust our sails...."

Let us pray.

Father in Heaven, sometimes we feel like the disciples in the boat on the Sea of Galilee, tossed about by the stormy winds.

- Overwhelmed trying to keep up with the day to day demands of the job. Stressed out trying to meet budget.
- Frustrated with the Leadership Scorecard.
- Juggling home and personal needs with work.

Then we look up and see Jesus striding across the water. He beckons us to move from the achievements of the past, from the uncertainties of the present, into a future filled with possibilities. Help us to step out in faith confident that You are the one whom the wind and the sea obey.

Empower us to transform our ministry and world that we may continue to fulfill our mission of Christian healing for years to come. In Your Holy Name we pray. AMEN" (St. Dominic Health Services/ Franciscan Missionaries of Our Lady Health System)

This meditation spoke to me in several ways this week. A friend of mine has struggled with student loan debts for umpteen years. She looked forward to the Biden bill remitting some of the debt students owed. But, as you know, the Supreme Court currently has that case before it because some states are calling it unconstitutional, unfair, etc. The bill would aid the underpriviledged who try to "catch up" by getting a college education.

Back to my story. A friend encouraged her to seek remittance as a public servant (teachers, medical personnel, other public servants are eligible), but she failed to move forward on the application for years. Recently a friend kept encouraging her to send in the application and she finally did. Not long ago, she received a letter cancelling the entire debt. She was so startled that she called the agency to make sure that everything she owed was cancelled. It was ...and all she could do was thank God for His messenger and His mercy.

As I think about the Lenten Season that we are in, isn't that what God does for all believers? How wonderful to get a letter from Him saying "The wind has changed. You no longer face eternal condemnation. Your debt is paid in full by the blood of Jesus". THANK YOU, LORD!

The other thing that cracked me up regarding winds of change came through my soon-to-be- two year old grandson, Johnny. Many of you saw him walk with Pastor down the aisle on Sunday. His mother and I expected him to be yelling his head off, but we were very wrong. As he approaches the "Terrible Two's" Johnny has a new way of letting us know that he doesn't want to do something we ask him to do. His new phrase is "Bye-bye. See you." as he walks the other way. I fully expected Pastor to get a "Bye-Bye. See you." He didn't get one on Sunday, but, boy, did he get one on Monday when he stopped by to give Johnny his first baseball bat and ball. The boy wouldn't even speak to him though he came bearing gifts! Talk about the winds of change!

As we look forward to the commemoration of our Savior's death and Resurrection, we continue to know that there is no change with Him. He is our Lord and Savior, our Solid Rock

on whom we can depend even when the negative winds of change blow in our lives! Enjoy the winds in this confidence, Grace.

Blessings, Sandi





March is Women's History Month

The Library of Congress, National Archives and Records Administration, National Endowment for the Humanities, National Gallery of Art, National Park Service, Smithsonian Institution and United States Holocaust Memorial Museum join in commemorating and encouraging the study, observance and celebration of the vital role of women in American history.

About Women's History Month

Women's History Month had its origins as a national celebration in 1981 when Congress passed Pub. L. 97-28 which authorized and requested the President to proclaim the week beginning March 7, 1982 as "Women's History Week." Throughout the next five years, Congress continued to pass joint resolutions designating a week in March as "Women's History Week." In 1987 after being petitioned by the National Women's History Project, Congress passed Pub. L. 100-9 which designated the month of March 1987 as "Women's History Month." Between 1988 and 1994, Congress passed additional resolutions requesting and authorizing the President to proclaim March of each year as Women's History Month. Since 1995, presidents have issued a series of annual proclamations designating the month of March as "Women's History Month." These proclamations celebrate the contributions women have made to the United States and recognize the specific achievements women have made over the course of American history in a variety of fields.

Executive and Legislative Documents

The Law Library of Congress has compiled guides to commemorative observations, including a comprehensive inventory of the Public Laws, Presidential Proclamations and congressional resolutions related to Women's History Month.

Images Used on this Site

Part of the cowling for one of the motors for a B-25 bomber is assembled in the engine department of North American [Aviation, Inc.]'s Inglewood, Calif., plant (Library of Congress)



Globe Cotton Mill, Augusta, Ga. Woman was "with child." According to reports, these women work until the day of childbirth. Location: Augusta, Georgia. (Library of Congress)

Japanese-American camp, war emergency evacuation, [Tule Lake Relocation Center, Newell, Calif.] (Library of Congress)





Portrait of Billie Holiday, Downbeat, New York, N.Y., ca. Feb. 1947] (Library of Congress

The first picket line
- College day in the
picket line
(Library of
Congress)

Photograph of Mae Reeves and a group of women standing on stairs, Photograph by: Hall and Hall Photo Service Collection of the **Smithsonian National Museum** of African **American History** and Culture, Gift from Mae Reeves and her children. **Donna Limerick** and William Mincey, Jr.

Brought to you by:

Background image: Photograph of Mae Reeves and a group of women standing on stairs. Photograph by: Hall and Hall Photo Service Collection of the Smithsonian National Museum of African



American History and Culture, Gift from Mae Reeves and her children, Donna Limerick and William Mincey, Jr

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COMING APRIL 15,2023

CHILD PROTECTION POLICY TRAINING
IT'S TIME FOR RE-CERTIFICATION OF ALL WHO WORK WITH CHILDREN AT GRACE.
WORKSHOP TIME:

APRIL 15, 2023, FROM 9:00 AM TO 12:00 PM.
REGISTER BY CALLING THE CHURCH OFFICE OR BY
COMPLETING REGISTRATION FORM IN THE NARTHEX.
THIS WORKSHOP IS LIMITED TO 50 PEOPLE.

PLEASE BE SURE TO REGISTER BY FRIDAY, MARCH 24, 2023, AS THE PRESENTERS WILL NEED TIME TO PREPARE NECESSARY MATERIALS.







Saturday, March 25, 2023

Pleasant Playground

6757 Chew Avenue. Phila., PA 19119

For more information: email mypleasantplayground@gmail.com or call 215-685-2230

Visit us at @pleasantplayground19119 on Facebook and Instagram

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Welcome Home, Deacon Sandie

We thank God for your safe travels and for the success of your mission.
The joy on the faces of the children and adults that you ministered was obvious on the picture you shared with us while you were gone. The Lord be praised for you and your fellow missionaries to Uganda!

Child Abuse History Clearance (CY113) INFORMATION

Cost

- Free Volunteers
- \$13 Employees, Foster/Adoptive

Note: Child abuse clearance fees for volunteers will continue to be waived one time every 57 months.

How to Submit an Application

Online Submission

The Pennsylvania Child Abuse History clearance can be submitted and paid for online through the <u>Child Welfare Information Solution (CWIS) self-service portal.</u> Submitting an application online allows individual applicants to receive their results through an automated system that will notify

them once their results have been processed. Applicants will be able to view and print their results online.

The self-service portal also provides organizations the ability to create business accounts to prepay for child abuse clearances and have online access to the results. Organizations who want to set up business accounts must first register for a Business Partner User account using the "Organization Account Access" link on the Child Welfare Portal. Organization accounts will allow businesses and organizations to purchase child abuse history clearance payment codes and distribute those codes to applicants. When an applicant uses a code given to them by an organization, the organization will have access to the applicant's child abuse history clearance results once those results are processed.

Paper Submission

- CY113 form Child Abuse Clearance (English)
- <u>CY113 form Child Abuse Clearance (Spanish)</u>
- CY 999 Consent/Release of Information Authorization Form

Paper submissions of the Pennsylvania Child Abuse History Clearance application will still be accepted for anyone who may not have access to the internet, or who may be unable to access the self-service portal due to their attempting to access the system from outside the United States. Please note, results will be received more quickly if applied for electronically through the <u>self-service portal</u>. Submit paper applications to:

ChildLine and Abuse Registry

Pennsylvania Department of Human Services

PO Box 8170

Harrisburg, PA 17105-8170

The instructions for how to complete the Pennsylvania Child Abuse History Clearance application are now included on the last page of the application and can be printed for easy reference when completing the application. Failure to comply with the instructions that are attached to the application will cause considerable delay in processing the results.

Applicants can now type their information directly onto the application or the information can be legibly handwritten onto the application.

If the information is typed directly onto the application, the information will NOT be able to be saved on a computer unless the computer has a licensed version of the acrobat adobe software.

Therefore, please be sure to print the completed application before closing the document so that the information typed on the application is not lost.

If you have trouble accessing the application you may need to download the latest version of Adobe Reader, which is available free on the internet.

Once the application is received in the ChildLine and Abuse Registry's Verification Unit, the results of the Pennsylvania Child Abuse History Clearance will be mailed to the applicant's address that was noted on the application within 14 days from the date that the application is received in the ChildLine Verification Unit.

An applicant can request that a Pennsylvania Child Abuse History Clearance be mailed to an organization by completing a Consent Release of Information Authorization Form. Both the applicant and organization must sign the form and the form must be attached to a paper Child Abuse History Clearance application submitted via mail in order for the results to be released to the organization. Older versions of the Consent Release Form without a signature line for the organization will not be accepted and the certification result will be returned directly to the applicant, not the organization. NOTE: Results cannot be sent to someone other than the applicant if applying for a Child Abuse History Clearance electronically via the online link above. If an organization pays the application fee, they will have the ability to access an applicant's results online if they set up a business account and provide the prepaid code to the applicant.

Sick & Shut-in List – 1/3/23

OUR KNOWN SICK AND SHUT-INS:

Dr. K. Wesley Alford Mrs. Dorothy Allen

Ms. Jovce Allen

Deacon Robert Berkley

Mrs. Luvonia Bivens

Ms. Dolores J. Bouldin

Mr. Leonard Carter

Mrs. Shirley Carter

Trustee Em. Ruben Collins

Mrs. Claudia Cuyler Mrs. Juanita Dade Mrs. Carol Dalev

Trustee Em. Sidney Estes

Mrs. Liller B. Green Mrs Brenda Hinson

Mrs. Florence Jenkins

Mrs. Deborah Steward-Johnson

Mr. Darryl Jones

Mrs. Jacqueline Johnson

Mrs. Elayne King Mrs. Patricia Lomax Ms. Celesta McLean Mrs. Helene Morris

Mr. James Napoleon

Mr. Joseph Norman Mrs. Florence Palmer

Ms. Ida Reeder

Mrs. Dorothy Wint-Ryan Mrs. Beulah Steward

Mrs. Virginia Thomas

Ms. Alice Whitaker

Ms. Saundra White

Mr. Anthony Williams

Mrs. Catherine Willie

Ms. Audrey Wright

Hospitalized

Mrs. Barbara Hutchinson, Chestnut Hill Hospital, Room 374,8835 Germantown Avenue (18)

OUR NURSING HOME & REHABILITATION RESIDENTS:

Mrs. Marian Davis, Wesley Enhanced Living at Stapeley Room 224A, 6300 Green Street (44)

Trustee Em. Kenneth Jackson, Sr. Complete Rehab at **Harston Hall**

Mrs. Ruth Garrison, Embassy of Ivy Hill

Mrs. Pearl Montgomery, Genesis Healthcare Nursing &

Deacon Em. William Ballou, Jr., Germantown Home Miss Aileen K. Scroggins, Hayes Manor, 2210 Belmont

Avenue (31) (Cards/Mailing s/b sent to 5706 N. Lambert Street (38))

Mrs. Irma Williams, Hopkins Center, 8100 Washington

Lane, Wyncote, PA 19095

Ms. Ellen Corbett, Phoebe Wyncote

Mr. George Beach, ProMedica Total Rehab+,

Mr. Christopher and Mrs.Ludell Roberts, Springfield

Crossings Rehab and Health Care,

Ms. Keisha Way, **Towne Manor East**,

PRAYER LIST:

Ms. Linda Lawrence, sister, of Mrs. Barbara Autry

Mr. Kevin Barlow. son of Mrs. Cora P. Barlow

Ms. Annette M. Jackson and Mrs. Shirley Macon, sisters of

Mrs. Cora Barlow and Mrs. Theresa Smith Ms. Joanne Evans, friend of Mrs. Patricia Beach

Ms. Karen Beyers and Mr. Eugene Beyers

Mrs. Shyolanda Nichols-Brown of Denver, CO

Mrs. Norma Birckett

Ms. Juan Clairbourne of Las Vegas, NV, cousin of

Rev. Dr. J. Henry Buck, Jr.

Aeesha Butts, mother and Teesha Butts, daughter

Mr. Adelbert Bush

Ms. Janey Martin, mother of Mrs. Betty J. Coleman

Mr. Robert Corbett, brother of Mr. Fred Corbett & Ms. Ellen Corbett

Ms. Elizabeth Corbett

Mrs. Helena Dennis, 125 E. McIver Road, Darlington, SC

29532, mother of Ms. Lisa Dennis

Mrs. Marlene Diggs

Mrs. Mildred Elliott

Mr. Willie Evans, father, Ms. Tiffany Evans

Mrs. Parthenia Gardner, sister and Mr. Tyrone Randolph,

son of Mrs. Geraldine V. Gilmore Mrs. Geraldine V. Randolph-Gilmore

Mrs. Carolyn McLean of Raeford, NC, sister of Ms. Vera

Graham

Mr. William Harris, son of Mrs. Delores Harris

Mr. Edmund McLaurin, Jr. nephew of Ms. Joanne Johnson

Mrs. Christina Pleasants-Johnson

Mr. Christopher H. Vinson, son of Mrs. Geraldine Lamar

Ms. Yvonne Love, sister of Ms. Vinnette Love

Mrs. Florence Lucas, sister-in-law, Mr. Robert Lucas,

brother and Mrs. Dorothy Ripley, sister of Trustee William & Adele Lucas

Mrs. Jacqueline (Garden) Marshall

Mr. Roger Lee Jenkins (NC), uncle and Ms. Yolanda Bailey,

cousin of Deacon Prince & Lorraine Massev

Rev. Victoria Monts and Master Joshua Monts

The Moody Family

Mrs. Marlene Patterson

Ms. Alice Vaughn (GA), niece and Mrs. Vira Dennis, friend

of Rev. Arnold C. Storr

Mr. Vito Scutti

Mr. Kevin Turner, of Durham, NC, son of Mrs. Elayne Turner

Mrs. Matilda Simmons, sister of Ms. Alice Whitaker &

Mr. Landon Whitby

Mrs. Lisa Williams, wife of Mr. Anthony Williams

Mrs. Ellen L. Williams

Mrs. Mae F. Williams

